

**January Detox Menu**

**Thursday 13th January 2022**

**3 Courses £12.95**

**Evening Menu – Be Good to Yourself!**

**To start**

Wild mushroom, ginger & miso broth, spring onion & sesame (V)

Falafel, sweet & sour onions, charred courgette, lemon yoghurt (V) (GF)

Griddled garlic prawn skewers, mango & coriander salad (GF)

**Main**

Poached salmon, cherry tomato salsa, brown rice & steamed tender stem broccoli (GF)

Char-grilled Cajun chicken breast, winter slaw, flatbread & pomegranate

Mixed bean & lentil cassoulet, BBQ cauliflower, herb crust (V)

 **Dessert**

Greek yoghurt sorbet, honey & fresh fig (GF) (V)

Polenta & orange cake, rose, vanilla & raspberry (V)

Raw fruit terrine, almond mousse (GF)

Tea & Coffee with mints