

CARE LEVEL 1

SUMMER PROJECTS YEAR 11 STUDENTS

BTEC LEVEL 1
INTRODUCTORY CERTIFICATE
IN HEALTH & SOCIAL CARE



HEART OF
WORCESTERSHIRE
COLLEGE

KICK START YOUR STUDY AT HOW COLLEGE WITH ONE OF OUR CURRICULUM BRIDGING PROJECTS

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Course Breakdown

In order to obtain your qualification in CARE Level 1, you'll be required to undertake and pass 5 units.

2 of these units aren't course CARE specific but are needed to help you improve your organisational skills and plan for your future at HoW College and beyond.

Overview of units		
Unit:	Description:	Evidence:
1. A1 - Being Organised	In this unit you'll learn about and explore different techniques to help improve your organisation skills.	Workbook showing techniques and skills you've used to improve your organisational skills.
2. A2 - Developing a Personal Progression Plan	What will you do after this course? This unit will allow you to plan the next steps your future self will thank you for.	Workbook identifying a progression goal, skills and behaviours needed to meet progression goal and areas you'll need to develop, in order to meet chosen progression.
3. HSC12- Visiting a Health and Social Care Setting	You will develop the skills you need to work in the health and social care sector, for example speaking clearly to staff and people who use the services.	Workbook and photographic evidence. You will identify and outline what you have learned on this trip.
4. HSC5- Finding out about Health and Social Care Services	During your life you will need to use Health and Social Care services. For example, if you are ill you may visit your GP for advice. In this unit you will find out about different health and social care services and the needs they meet.	Scenarios will be presented to you whereby you will identify you researched finding in a workbook. You will use your skills to select information and present what you have found out to others.
5. HSC6- Communication Skills for Health and Social Care	You will be asked to take part in some role plays on common Health and Social Care situations and work together with others to help understand the barriers and difficulties people who work in these situations will face.	Workbook containing annotated photographs of communications with others during your discussions.

Work experience

You will be expected to complete 70 hours of work experience throughout the duration of your course. This would ideally be within the Health & Social Care industry. However, the College understands this will not be possible for all students; therefore, you will have the choice to obtain work experience in any area/industry if a care placement can't be found.

It is your responsibility to find your own work experience. Now is this time for you to start thinking of places where you'd like to complete this. You're not alone, the College will provide you with any tools and support to ensure you successfully complete this.

Over the years our staff have made some fantastic relationships with local businesses for our students to access. Past students have completed work experience at local nurseries and schools, care homes and many more.

Work experience questions:

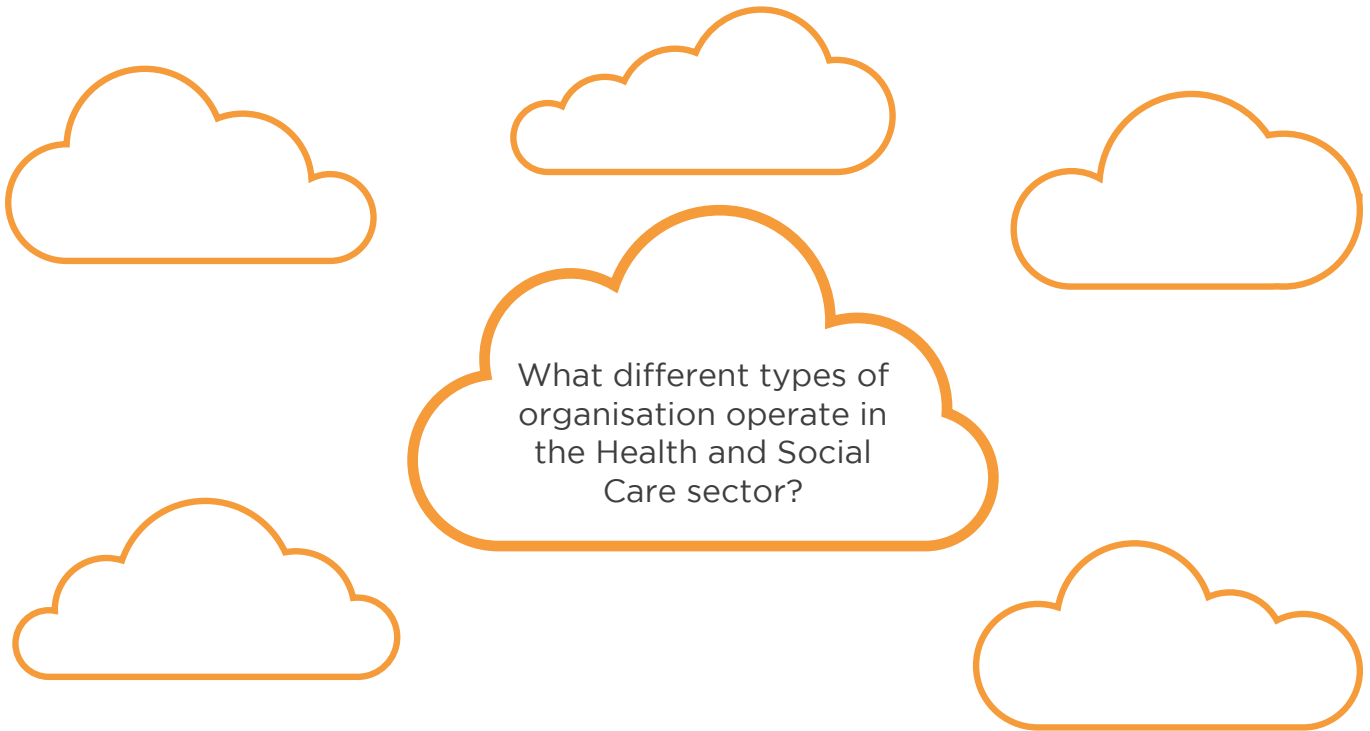
1. Have you taken part in any work experience/volunteering before? If so, where?

2. You'll be expected to complete 70 hours work experience. Do you have an idea of where you would like to complete this? Explain why.

3. What skills would you like to gain from completing your work experience hours?

Health and Social Care-Task 1:

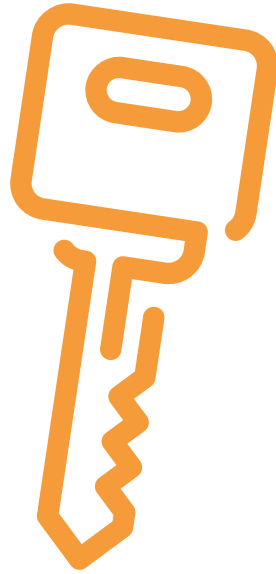
Understanding the structure and working patterns of the Health and Social Care sector.
What different types of organisation operate in the Health and Social Care sector?



Describe 2 of the different types of organisations operating in Health and Social Care you selected.

1.
2.

Name some key job roles in the Health and Social Care sector that interest you.



Describe these key job roles in Health and Social Care.

Choose 3 different key job roles and then describe them in the boxes below.

1.

2.

3.

Health and Social Care-Task 2:

There is a wide range of jobs available within adult social care.

Some jobs offer direct support to people, some provide indirect support and there are also jobs that require medical-based training or qualifications.

In the table below, the settings and key tasks have been jumbled up.

Match each setting and key task to the correct job role. You may choose to colour in the matching boxes as shown in the example.

Example:

Role:	Setting:	Key tasks:
1. Personal Assistant	c) The home of the supported person	iv) Supporting with personal care, shopping, cleaning, dressing and paperwork.

Role:	Setting:	Key tasks:
1. Personal Assistant	a) Nursing home	i) Completing person-centred reviews, supporting access to the community and helping with personal care.
2. Registered Nurse	b) Community hub	ii) Providing support and training to staff.
3. Trainer	c) The home of the supported person	iii) Providing medical specialist care, advice and support to people with medical conditions.
4. Day Centre Officer	d) Hospital	iv) Supporting with personal care, shopping, cleaning, dressing and paperwork.
5. Psychiatrist	e) Workshop	v) Developing social networks and access to the community.
6. Community Support Worker	f) Day centre	vi) Diagnosing and treating mental disorders and possibly prescribing medication.

Child Care-Task 3: Definitions Task

Find the definitions of the below key words in child care	
Key words	Definitions
Life stage	
Milestones	
Development	
Gross motor skills	
Fine motor skills	
Attachment	
Role model	

Child Care-Task 4:

Child Care Word Search



- | | | | |
|--------------|--------------|----------------|-----------|
| adults | babies | care | children |
| clinic | conception | contraception | culture |
| development | disabilities | discrimination | disease |
| education | elderly | emergency | emotional |
| families | fathers | hospitals | human |
| intellectual | learning | lifestage | needs |
| nurseries | parents | patient | physical |
| practice | racism | roles | skills |
| social | society | teacher | tests |

Functional Skills - English & Maths

If you've not obtained a GCSE grade 4 or above in English and Maths, you will be required to attend mandatory English and Maths lessons each week. This is another opportunity for you to get the grades you need to progress beyond a level 1 course and make you more employable after you leave college.

These lessons will take place one a week for 2 hours and the lessons will run the duration of course. The lessons will cover a range of topics to help you build up confidence and fulfil your potential.

To help you become familiar with functional skills we would like you to answer the questions below as best as you can! There will be 3 topics covered – Maths, English Reading & English Writing.

Maths Questions

1. Lyn moves to a new flat.

These are the amounts she spends each month on rent and bills.

Rent: £679 **Bills:** £138

Calculate the total of these amounts.

Show your working and your answer below:

Answer:

2. Lyn pays for an internet contract.

How much will Lyn pay in total for the internet contract?

Show your working and your answer below.

Answer:

3. Monique wants to buy cleaning liquid for the flat.
She can choose 1 large bottle or 2 small bottles.

Bottle size	Amount in bottle:
Large bottle	1 Litre
Small bottle	429ml
Small bottle	429ml

Does 1 large bottle have more liquid than 2 small bottles?

Show your working out below.

Answer:

4. In June Gemma paid £68 for her electricity bill.

In July she will pay 5% more.

Workout Gemma's electricity bill for July?

Answer:

5. Daniel has these test results.

Test:	Results:
Public Services	46%
Maths	14/25
English	13/20
Art and Design	6/10

His tutor wants to compare these results.

List these results in order from best to worst

6. Bill is a builder.

On Monday he made mortar mix. He used 24kg of sand and 5kg of cement.

On Tuesday Bill will make the same type of mortar mix. He will use 36kg of sand.

How much cement does he need to make the same type of mortar mix?

Show your working out below.

Answer:

7. Write 2.71828 correct to 3 decimal places?

Answer:

8. John works Monday to Friday. He buys lunch on his way to work.

Each day John buys a sandwich, a bottle of water and a bag of crisps.

Shop A - any sandwich £2.85:	Shop B - £3 meal deal
A bottle of water 60p	Any sandwich, a bottle of water & crisps
A bag of crisps 85p	

John thinks he will save more than £7.50 a week if he buys his lunch each day from shop B instead of shop A.

Is John correct? Show your working out below.

Answer:

English Reading Task

Instructions:

Please read the article below carefully. Answer the questions that follow relating to the article.

Is reading a thing of the past?

There is a popular opinion that most young people have no time for interests such as reading because they are glued to their mobile phones, messaging friends or using social media.

This opinion is not supported by the facts. JK Rowling's Harry Potter books and novels by David Walliams and Jacqueline Wilson sell in large numbers to under-sixteens. Writers such as Roald Dahl are still enjoyed by many young people whose parents would also have read his books.

What has changed is the way young people read. Now the majority of people under 30 in the UK say they prefer to read on a tablet, laptop or computer. Those young people who seem busy on their mobile devices may well be reading a book or an article. Modern devices mean that you can download novels by famous authors from the past, such as Charles Dickens, for free.

In the USA, an increasing number of readers now don't read printed books at all, with many young people signed up to online borrowing services. New technology means more people across the world have the opportunity to read material on screen. For example, in some parts of Africa and Asia, children can read many more books now than they did 10 years ago. This is because of the availability of mobile phones.

The changes in the way that people read have affected libraries in the UK. Nowadays fewer people go to libraries to borrow books and so libraries are finding new ways to encourage reading. Many now stock e-books and serve refreshments. Others are starting book clubs and workshops for young adults that include helping them to write their own blogs.

It's clear that, despite what some people think, young people still enjoy reading.

Questions:

1. The main purpose of Text A is to:
 - A. Advise you how to download a book
 - B. Argue that young people enjoy reading
 - C. Persuade you to attend a book club
 - D. Explain why parents read to their children

Answer:

2. According to Text A, which writer's books can you download for free?
- A. Jacqueline Wilson
 - B. Roald Dahl
 - C. Charles Dickens
 - D. David Walliams

Answer:

3. According to Text A, which one of the following statements is correct?
- A. Book clubs are starting up in Asia.
 - B. Tablets are widely available in Africa.
 - C. Online borrowing is expensive in the USA.
 - D. E-books are stocked in libraries in the UK

Answer:

4. According to Text A, why might young people have no time for reading?

5. Paragraphs are one of the features of Text A that help to present information. Name two other features of Text A that help to present information.

1.

2.

English Writing

Now it is time to express yourself!

Instructions:

Writing in paragraphs we want you to tell us 3 things:

1. Why have you chosen this course?
2. What do you hope to achieve from this course?
3. What do you feel you will gain from this course?

Please write in paragraphs and make sure you check punctuation and spelling.

Student Rules & Standards

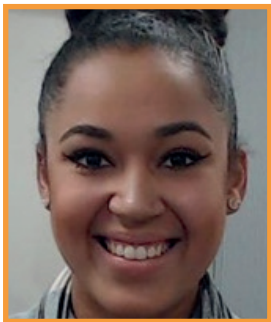
Students will be expected to:

- Show positive student behaviour and respect for College buildings, facilities and other people's property
- Take responsibility for their own learning, ensuring that they are always ready to learn with the appropriate tools, equipment, behaviour and attitude and complete tasks/ assignments within set time frames to meet given targets
- Treat each other with the utmost respect and consideration
- Be committed to promoting fundamental British Values including democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs
- Attend all classes and study sessions on time, including Tutorials, Work Experience, English and Maths and all provision that enhances employability and personal effectiveness
- Familiarise themselves with College safeguarding processes and procedures, including the Prevent agenda
- Report any concerns in a timely and appropriate manner and act in the best interest of others at all times, including in matters of bullying, including cyber bullying and discrimination
- Maintain these Standards when off campus on work placement and on educational visits
- Act as ambassadors for the College, recognising that their behaviour contributes to the reputation of the College within the community
- Show on demand their ID badge when on College premises and/or when undertaking College activities

General standards

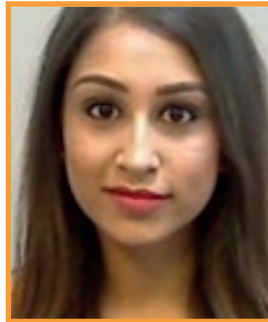
- Attendance 95% and punctuality 100% and inform the College of all absences
- Clothing must be appropriate for the curriculum area
- Comply with all health and safety guidelines and standards for the curriculum area
- Food and drink must not be consumed during lessons
- Refrain from copying work, using mobile phones or personal electronic devices unless instructed to do so
- Inform the College immediately of any change in your personal details
- Refrain from smoking, possession or distribution of illicit substances, consumption of alcohol, acts of violence or carrying any offensive weapon
- Comply with any requests by the Principal or delegated members of staff to search you or your belongings

Meet the staff



Amber McIntosh

BTEC Level 1 Certificate in
Health and Social Care –
Learning Skills Development
Officer – Worcester Campus



Monique Basi

BTEC Level 1 Certificate in
Health and Social Care –
Learning Skills Development
Officer – Redditch Campus

Indicative time for this project:

We recommend you spend roughly 10 hours on this project.

Instructions on how to submit this:

Health & Social Care Bridging Unit: driveuploader.com/upload/95xzj9WF35/

Whether you are submitting a written document or a video file, please ensure you include your name and email address so we know how to contact you. If you have trouble submitting your work, then please feel free to contact Stefan Graham who will help you with any problems, his contact details are sgraham@howcollege.ac.uk or phone on **01527 572720**.

How will I benefit from this project:

By completing this project, you will gain an understanding of a number of key skills that link to your chosen course. This will also allow the course tutor to look at the level of your work, commitment and will support the feedback offered to you at the start of the course.

What can I expect to get back after I submit my project work:

We will acknowledge receipt of your submission once we have received it, and a member of the teaching team will give you some feedback when the new term starts later in the year.

Key information you should include:

Your name

Your email address

A contact telephone number